







## STI testing

The Orchard Centre can offer testing for STIs, such as:

- chlamydia
- gonorrhoea
- syphilis
- genital herpes
- HIV

Depending on which STIs you're tested for, tests may include:

-  giving a urine sample
-  for women, a swab from your vagina and vulva - you can take this yourself
-  an examination of your genitals, anus, mouth and skin with swabs, if required
-  having a blood sample taken
-  a swab from men who have pain passing urine or a discharge
-  an internal examination for women if you have symptoms such as pain or a discharge

## How do I get my results?

This depends on what tests you have done. For specific tests for chlamydia, gonorrhoea, herpes, HIV, syphilis and hepatitis - we have to send these samples to a laboratory for processing. These results are usually available within a week but some may take longer. You can decide how to get these results - either by text, phone or in person. Most of our service users opt to get their results via text message.

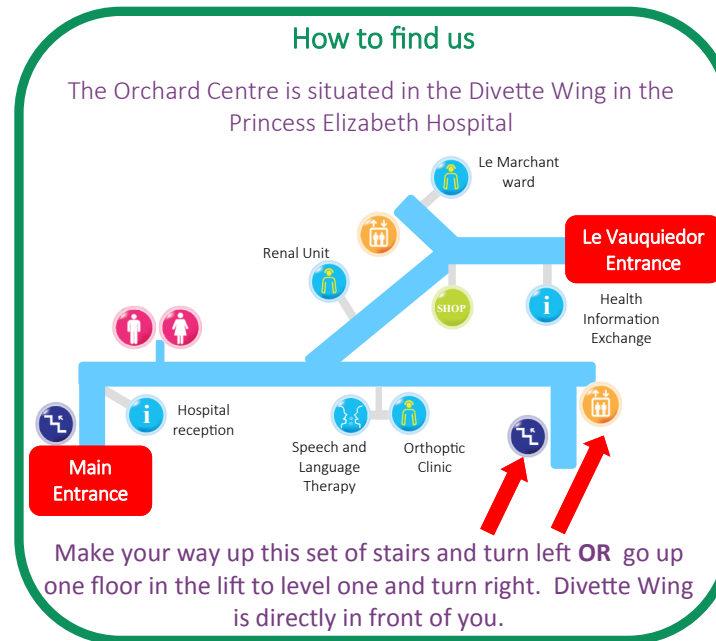


States of Guernsey  
Public Health Services

# The Orchard Centre



Putting our service users and the community first



### Clinic opening times

#### ***Mondays & Tuesdays***

8.30 am - 1.00 pm  
2.00 pm - 7.00 pm

#### ***Wednesdays***

7.30 am - 2.00 pm (Walk in clinic 12.00-1.15pm)

#### ***Thursdays***

8.30 am - 6.00 pm (Walk in clinic 12.00-1.15pm)

#### ***Fridays***

8.30 am - 1.00 pm  
2.00 pm - 6.00 pm

Divette Wing  
Princess Elizabeth Hospital Guernsey

Tel: 707707



The Orchard Clinic

[www.gov.gg/sexualhealthunit](http://www.gov.gg/sexualhealthunit)



The Orchard Centre is an 'open access' clinic. This means people with sexual health concerns can simply attend for an appointment without being referred by their doctor.

Our vision is for all Islanders to enjoy good sexual health.

We aim to provide sexual health services that are high quality, supportive and safe, delivered within a safe and clean environment that use the latest technology.

### Who can use the Orchard Centre?

Anybody can come to the Orchard Centre. We offer you a choice of making an appointment or attending a "walk in" session, where you can turn up without an appointment.

We are able to offer access to sexual health services for people with physical and learning disabilities.

**All services are free and completely confidential.**

We try to see everyone within 48 hours of contacting the Orchard Centre.

Your sexual health matters



## Services

We provide a full range of sexual health services including:

- 🌱 Sexually transmitted infection (STI) testing and treatment: Have you noticed a problem? Do you want to make sure you're clear? We can carry out a full range of tests to answer your query. We provide treatment for all sorts of sexually transmitted infections - from herpes to warts.
- 🌱 Advice and information on sexual health. Is there something you want to discuss? We can provide information and leaflets on all aspects of sexual health.
- 🌱 Safer sex advice. Do you need some information on safer sex?
- 🌱 Advice about relationships. Are you worried about a relationship? We may be able to help.
- 🌱 Free condoms. We can also post condoms to you.
- 🌱 Emergency contraception.
- 🌱 Pregnancy testing. We offer free and confidential pregnancy testing.



- 🌱 Treatment for people with vulval pain or genital skin problems.
- 🌱 HIV counselling and testing: Are you worried about HIV? Come and talk to us. We are here to listen and to offer advice and support. We can do an HIV test - this is free and confidential.
- 🌱 Follow-up care for people who are HIV positive using UK National Guidelines for HIV treatment.
- 🌱 Services for people who think they may have come into contact with someone with HIV in the last 72 hours. Contact us immediately and we can discuss whether you need to start PEP (anti-HIV medications) or not. If the Orchard Centre is not open, contact the Emergency Department at the Princess Elizabeth Hospital.
- 🌱 Treatment for hepatitis B and C infections using UK National Guidelines.